



St Helens
Cares

CIPFA North West Audit and Risk Group
6 October 2017

The current position

- Health and Care are fragmented in this country
 - Many different providers
- Different statutory legislation (healthcare free at the point of delivery, social care is means tested)
- Different governance, statutory guidance, “masters”
- Perverse financial incentives
- Duplication and inefficiency
- Challenge of demographic growth and reducing budgets across organisations in the place

St Helens

History – industrial revolution, innovation in coal mining, chemical industry and glass making

1970s onwards – legacy of poor health, long term inter-generational unemployment, low levels of enterprise

Ranked as 36th (out of 326) most deprived authority in England



St Helens

- 177,600 residents
- 195,523 patients registered with St Helens GPs
- 96% of residents registered with a St Helens GP
- 34 GP Practices



St Helens Statistics



Housing

- High prevalence of fuel poverty in private sector (27%)
- Social housing relatively low fuel poverty (9%)



Children

- 16.5% of children living in poverty (before housing costs), 26.3% after housing costs
- High level of inequality – Parr (43%), Rainhill (11%)
- Infant mortality lowest in North West
- Breastfeeding rates at 6-8 weeks low (almost half the national average)
- Smoking in pregnancy 16.1%
- Rate of Looked After Children almost twice England overall



Education

- Key Stage 2 RWM similar to England (52.6% vs 53.8%)
- Below national average for GCSEs (54.3% vs 57.8%)
- NEET higher than regional/ national averages

St Helens Plan Priorities and key statistics

Alcohol misuse

- Female deaths rates 2nd highest in England, males rates also high
- 2014/15 1756 admissions for alcohol costing £2.99 million

Self Harm and suicide

- St Helens rate of admissions for self harm in 10-24 year olds twice the national rate
- Suicide death rates of 13.3 deaths higher than NW and England

Falls

- 973 episodes of emergency admissions in over 65's in 2015/16 = £2.6m
- Around 11,533 over 65's will have a fall each year

Community Safety

- Issues of community safety often link crimes to alcohol issues and mental health e.g. violence and domestic violence
- 83% of calls to the police do not directly link to crime

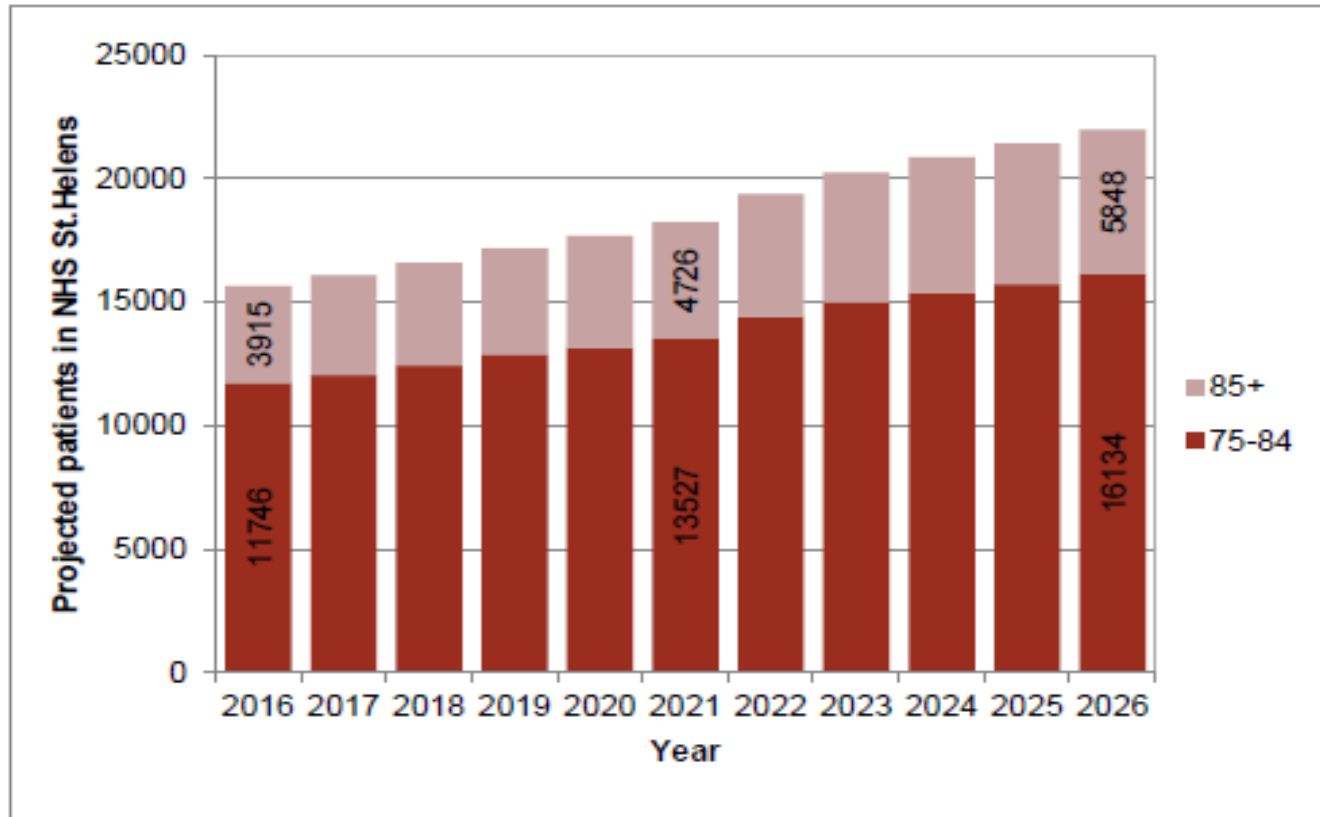
Smoking - costs the local economy £49 million per year; rates falling but remain higher than national average

Obesity - 26,000 adults in St Helens estimated to be obese

Mental Health - high levels of depression (8.2%), high prescribing for anti-depressants, high diagnosis rates for dementia accounts for nearly 10% deaths

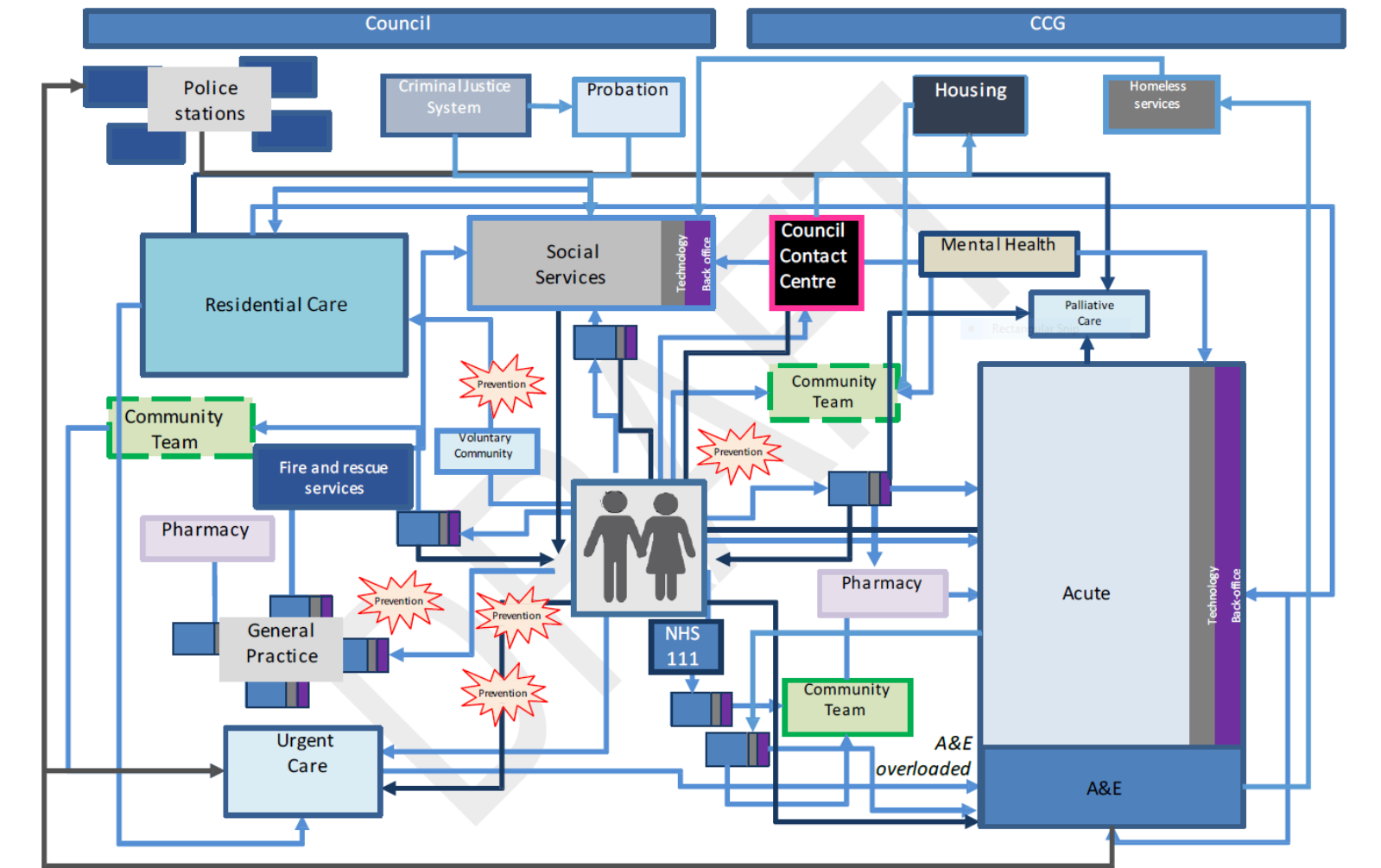
An ageing population

Expected number of NHS St.Helens patients aged 75 years and over

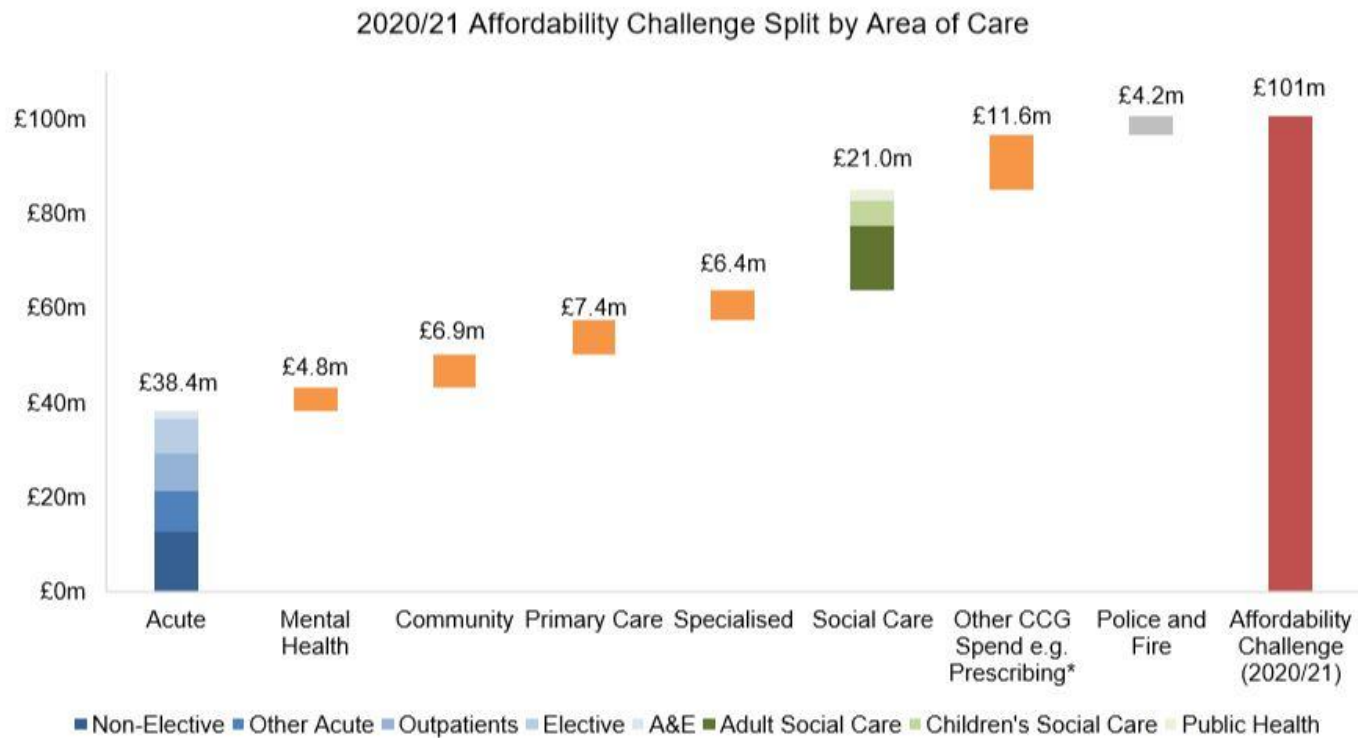


Source: ONS Population Projections (2014)

The Care conundrum- The problem we are trying to solve



The Affordability Gap



The Perfect Storm



The Peoples Board

Leading the development of integrated, local care



Who's involved? *(not all represented here)*



healthwatch



St Helens Clinical Commissioning Group



St. Helens
Council



Halton & St Helens
Voluntary and Community Action



Bridgewater Community Healthcare **NHS**
NHS Trust

Vision of the St Helens Peoples Board

“Improving people’s lives in St Helens, together, by tackling the challenge of cost and demand”

A shared desire to become....

“the most effective borough-based partnership in the country with enhanced stewardship by those who are democratically elected”

Doing nothing isn't an option

- A need to maintain focus on the highest quality we can afford
- But doing our own thing, or just working with a few partners, won't bring about the change we need to make.
- We need a collective, system wide response
- We need collaboration
- We need **St Helens Cares**



Joined Up Care

Sam's Story video

<https://www.youtube.com/watch?v=3Fd-S66Nqio>

St Helens Cares

- An accountable care system where partner organisations integrate services to manage demand, reduce costs, and improve people's outcomes
- There is no single model for an accountable care system and so local context is important for shaping the approach taken in different areas
- In St Helens, we are taking a unique and transformational approach, with the development of “St Helens Cares”
- Why is it unique?
 - Other models focus purely on health and social care
 - St Helens Cares includes a wide range of partners

What is the scope?



Together we will...

Break down organisational boundaries to meet the needs of the people of St Helens, patients and service users

Create a sustainable health, well-being and social care system...

...and support the other borough wide objectives too:

- *Raising and achieving aspirations*
- *Being connected*
- *Growing the economy*



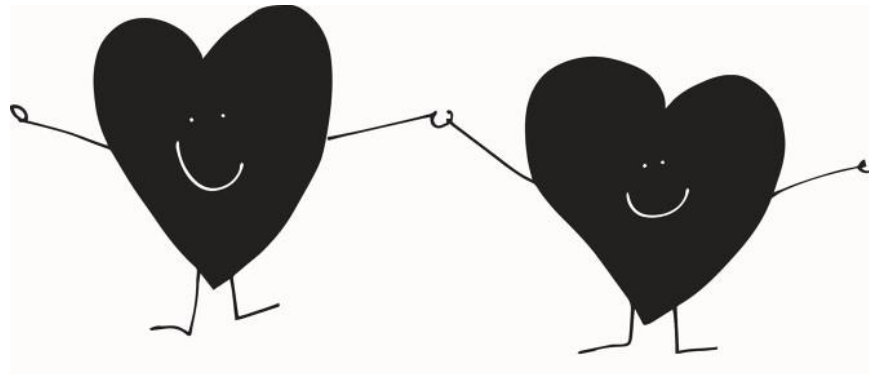
St Helens Cares- Aims and Objectives

- To address the **£100 million** gap that will exist across the system by 2020
- To integrate commissioners and providers where appropriate
- To promote community resilience
- To create one St Helens “front door”
- To establish a collaborative and integrated culture
- To ensure that if people do need help and that the right support is available to them



So How Are We Going To Do It?

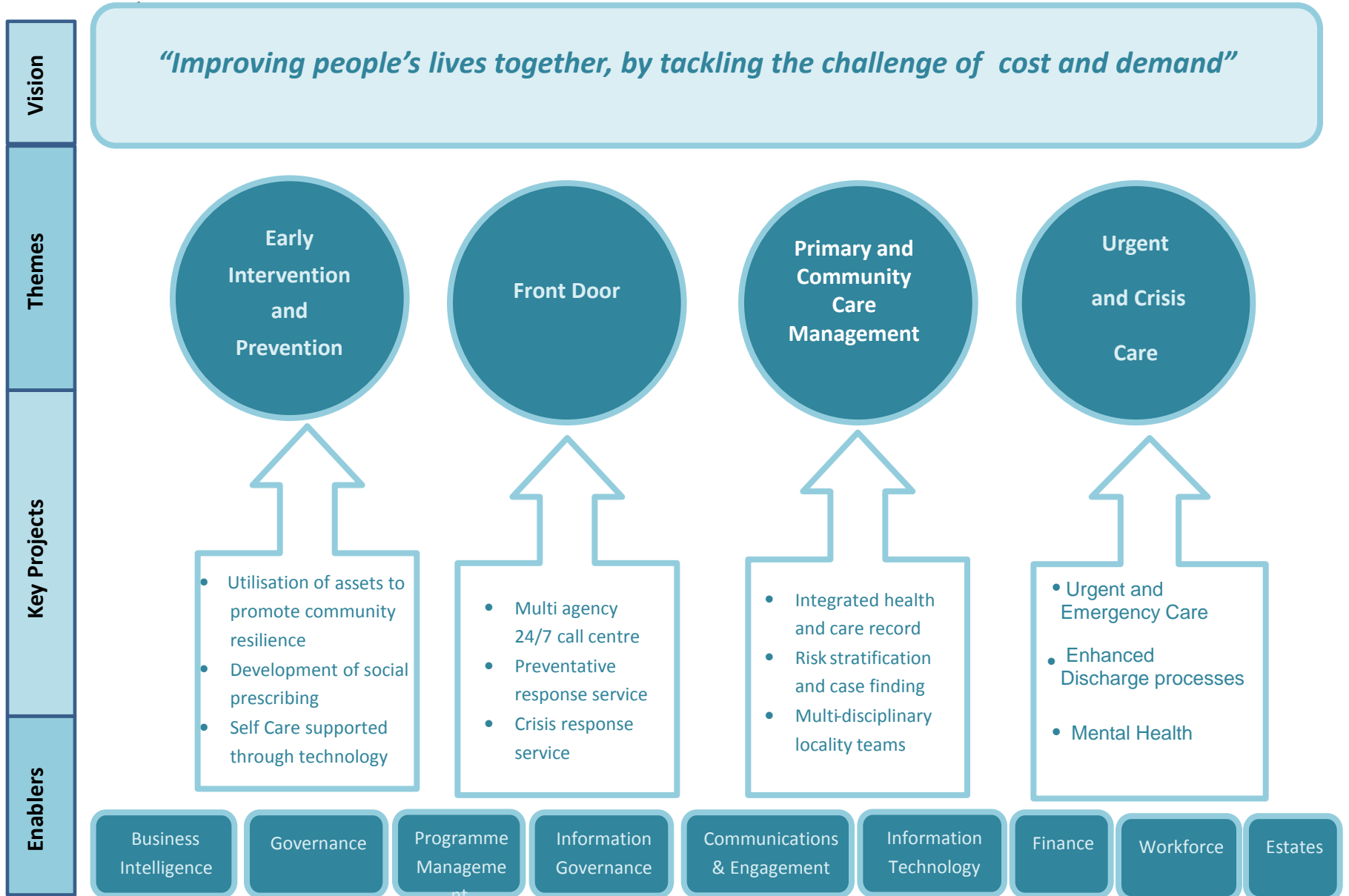
- Commitment and investment at the highest level from all partners
- Owning and sharing the vision
- Focus on St Helens the place and a genuine commitment to improve outcomes for St Helens residents
- Organisationally “disinterested”
- Cultural shift, challenging perceptions
- TRUST!



Design and Delivery Team

- Multi organisational programme team in place for up to 18 months
- Senior commitment from **all** key partners
- Creation of an Executive Board to oversee the delivery of St Helens Cares
- Reports back to the People's Board
- The development of key areas of work;
 - Front Door
 - Early intervention and Prevention
 - Care Management & Co-ordination
 - Urgent and Crisis Care





Any Questions?

